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Official Newsletter of:



Welcome



FROM THE PRESIDENT

Hi everyone

While COVID seems to once again be starting yet another wave on a global scale, here we are incredibly fortunate to be living life as normally as possible. We have had a summer interrupted with the occasional short term lockdown and are fortunate that we are one of the very few countries in the world where crowds and competition is able to go ahead. So that means get out there and participate while we all can.

Duathlon is the flavour of the day during winter, September is the club champs for this, so an opportunity to get yourself geared up for that should not be missed. Our next event is 2 weeks away, July 25.

Our AGM in October will also double as our prizegiving for both the tri and duathlon events, so something not to be missed.

I'm reminded of how fortunate we are to have a facility like Linton available to us, the enthusiasm shown by participants and coaches during the league last year was a great reminder how lucky we are. Competing there is great for spectators, and most importantly it is incredibly safe - make the most of it.

I look forward to seeing you all on the 25th, if you are unable to compete in the event, then please consider giving us a hand with some of the admin or marshalling jobs, just let us know beforehand if you are able to help out.

Thanks everyone, see you soon.

Richard Coxon - President MTC



UPCOMING EVENTS

As we're now in the depths of winter we come into duathlon season

Upcoming events below with some brief details on each event:

- 25th July - Duathlon, Linton
- 5th September - Duathlon Champs, Linton
- 22nd August - NZSS & NZ Age Group Duathlon Champs, Pukekohe
- 24th October - Club AGM & Prizegiving



Linton Access



FROM THE NZ ARMY – PLEASE READ!

We have been very lucky over many years to have access the racing environment that the camp at Linton provides. In the past few months the NZ Army has updated the access protocols for all civilian visitors to Linton. The main points of this communication are listed below. Please take the time to read these and follow the instructions from the Army so we don't have any hiccups when club members are trying to access Linton!

The Directorate Defence Security (DDS) within NZDF has implemented a new process to allow Non-NZDF visitors into Linton Camp by way of a Visitor Notification System. Gone are the days that Non-NZDF visitors could arrive at the main gate and gain entry into Linton Camp without any prior approvals.

This new process meets NZDF Security requirements when allowing Non-NZDF visitors into a Defence Area in an effective and standardized process.

The main points to note are:

- Whilst on NZDF Property you and your vehicle are subject to search and may be detained by duty military personnel pending NZ Police involvement.
- Adult participants will be required to show photo ID to enter Camp (No ID - No entry).
- Vehicles must have a current registration and warrant of fitness (Non Compliance - No Entry).
- The maximum speed limit in camp is 30Kph.
- Pedestrians have absolute right of way.
- At any time you may hear explosions or gunfire – this will be due to controlled military training within the confines of Linton Camp.
- At any time there may be a high amount of military heavy vehicles moving around Linton Camp.
- Park only in designated areas - NOT on sports fields or any grassed area.
- Ensure you become aware of hazard awareness and safety evacuation plans of any facility associated with your visit.
- Alcohol is only to be consumed within designated bars.
- There are many areas that are out of bounds to non NZDF personnel. Ensure you remain within your designated venue/area and travel along the appropriate access routes.
- In accordance with Linton Camp Standing orders, section 6, paragraph 13, 'the use of camera equipment of any type is banned from use within the camp Authority is to be obtained from HQ LRSC before any photographs may be taken'. Failure to do so may see removal and/or banning of offenders from Linton Camp.
- There are regular check points and security checks conducted on outgoing traffic at the Main Gate, this may involve a breath test and / or vehicle search.
- If you have any concerns the 24hr Duty Complex is situated on Fosters Road at the main entrance to camp.

The main point to note in this communication from the NZ Army is:

Point to note: If members have not pre-registered through Webscorer, they will be refused entry into Linton Camp as this is a requirement to provide DDS the audit trail as to who is coming onto NZDF Camps and Bases.

Manawatu Clubs

Feilding Moa Harriers

www.feildingmoa.co.nz

Bike Manawatu

www.bikemanawatu.co.nz

Manawatu Mountain Bike Club

www.mmbc.co.nz

Kiwi West Aquatics

www.kiwiwest.org

sporty.co.nz/kiwiwestmasters

Manawatu Striders

www.manawatustriders.co.nz



As we head into the coldest days of winter the traditional break from triathlon takes hold (who wants to swim and then run out into the cold?!).

As we enter this break the club continues to offer multisport racing opportunities with our duathlon events. To add to these duathlon events, we actively encourage our members to take part in the other racing opportunities offered by other clubs around the Manawatu.

We've listed in the side bar some club options that are available for club members to join and participate in.

Many of our younger members participate in the Manawatu Schools Cycling programme over winter which is ideal for some quality racing and skill development.

There are also some great swim clubs within the Manawatu which again allow club members the chance to develop some skills and fitness over winter.

We dug up the photo on the left from the archives to show how these other racing & training opportunities can help your triathlon racing when you come back to it after winter.

Anyone recognize the young fella in the photo?

Event Safety



EVENT SAFETY UPDATE FROM THE MTC COMMITTEE

We've been notified from the Linton Golf Club that they are concerned about one of their players hitting a golf ball that strikes one of our club members whilst racing (on either the bike or run course).

We've run this new hazard through our H&S planning framework and decided that this is a low risk hazard.

However, we will add a note to our pre-race safety briefing around this risk.

If you see anything that you believe is a hazard or has potential to create a hazard at one of our events, please notify a committee member so we can respond appropriately. We have hazard identification paperwork that we will fill out to record and respond to the hazard.

Please remember we have first aid trained individuals at all events, extensive first aid kits & a fire extinguisher in our club trailer. In the event of an **emergency** please call **111**.

MTC Branded Gear

The committee has been working with Green Monkey Velo in Rotorua over the past few months to get some MTC branded gear underway. A webshop for these will be open soon and you will be able to purchase this gear for the 21/22 triathlon racing season!

A big thanks to Daniel from Green Monkey for his help with getting this project sorted out!

For those of you longer distance athletes there will be a 2-piece tri-suit option. Tri-suits have a female specific option. Full details of the ordering process, pricing & clothing will be available when the webshop is open later this month. Keep an eye on our social media pages for updates and the opening date for the webshop.



NZ Olympic Team

With not long to go until the Tokyo Olympics it was very cool to see 4 of the athletes that raced at Linton in December make the NZ Olympic Team – Hayden Wilde, Taylor Reid, Nicole Van der Kaay & Ainslie Thorpe. Must have been that tough race at Linton getting them fit!



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www.triclub.co.nz

